

**The Carolina Center for Integrative Medicine
2007 Health Series Calendar – April-June 2007**

Advanced registration is required in case of cancellation. RSVP to register@carolinacenter.com or call Louise Cottrell at (919) 848-1025 ext. 3. All presentations are free and conducted by Dr. John Pittman at the Carolina Center's office at 4505 Fair Meadow Lane, Suite 111 in Raleigh unless otherwise noted.

APRIL 2007

Topic: An Introduction to Hyperbaric Oxygen Therapy
Date: Tuesday, April 10 – **NEW TIME! 7:00PM – 8:00PM**
Description: Join us as we examine how Hyperbaric Oxygen Therapy is being used in the treatment of chronic viral infections (like Hepatitis and HIV), treatment for toxic mold exposure, Colitis and Crohn's Disease, and Macular Degeneration.

Topic: Autism Spectrum Disorder: Treating Pervasive Developmental Disorders
Sponsored by Triangle Compounding Pharmacy

Date: Tuesday, April 24 – **NEW TIME! 7:00PM – 8:00PM**

This meeting will be held at The Summit Building, Room 219, 4101 Lake Boone Trail, Raleigh

Description: Join us as we examine how Hyperbaric Oxygen Therapy and other DAN (Defeat Autism Now) Protocol modalities are being used to help children diagnosed with Autism Spectrum Disorder.

MAY 2007

Topic: **MIDDAY HEALTH SERIES: Lose Weight Quickly & Safely**

Date: Thursday, May 3 – 12:15PM – 1:00PM

Description: Learn how to follow a program that results in fat loss without hunger or muscle loss, that is clinically proven, includes portion-controlled meals, provides support and counseling, offers variety, and is recommended by over 15,000 medical providers.

Topic: Treating Lyme Disease: Two Standards of Care

Date: Tuesday, May 8 – **NEW TIME! 7:00PM – 8:00PM**

Description: Join us as we discuss how Hyperbaric Oxygen Therapy can effectively treat chronic Lyme disease and how extending hyperbaric treatments may relieve symptoms permanently.

Topic: **MIDDAY HEALTH SERIES: Understanding the Benefits of Detoxification & Colon Therapy**

Date: Thursday, May 10 – 12:15PM – 1:00PM

Description: During this presentation, you will discover methods to increase the functioning of our organs that will reduce the body burden of toxins, as well as improve cellular efficiency.

Topic: **MIDDAY HEALTH SERIES: Natural Hormone Replacement Therapy**

Date: Thursday, May 17 – 12:15PM – 1:00PM

Description: Learn the little-known side effects of synthetic hormones and the natural hormone replacement alternative, the symptoms that may arise from low hormone levels, and the process of menopause and andropause.

Topic: **NEW!!! Thermal Imaging. Saving Breasts. Saving Lives.**

Date: Tuesday, May 22 – **NEW TIME! 7:00PM – 8:00PM**

Description: Learn the factors influencing breast cancer development, progesterone's role in breast health, and the types of breast imaging tools available for the early detection of breast cancer, including thermography.

Topic: **MIDDAY HEALTH SERIES: Lose Weight Quickly & Safely**

Date: Thursday, May 31 – 12:15PM – 1:00PM

Description: Learn how to follow a program that results in fat loss without hunger or muscle loss, that is clinically proven, includes portion-controlled meals, provides support and counseling, offers variety, and is recommended by over 15,000 medical providers.

JUNE 2007

Topic: Examining the Dangers of Mercury Toxicity
Date: Tuesday, June 5 – **NEW TIME! 7:00PM – 8:00PM**
Description: This presentation will focus on one of the most common and serious toxins in our environment, tying in the issues of exposure from various sources including dental amalgam fillings.

Topic: **MIDDAY HEALTH SERIES: Understanding the Benefits of Detoxification & Colon Therapy**
Date: Thursday, June 7 – **12:15PM – 1:00PM**
Description: During this presentation, you will discover methods to increase the functioning of our organs that will reduce the body burden of toxins, as well as improve cellular efficiency.

Topic: **MIDDAY HEALTH SERIES: Chelation Therapy for Heart Disease**
Date: Thursday, June 14 – **12:15PM – 1:00PM**
Description: Chelating drugs that bind to heavy metals have been shown to remove calcium plaque from artery walls, reverse atherosclerosis, and effectively treat heart disease for many individuals. Learn more about this therapy and the government-sponsored clinical trials underway to prove its benefits.

Topic: Finding Relief from Worn-Out Woman Syndrome
Sponsored by Triangle Compounding Pharmacy

Date: Tuesday, June 19 – **NEW TIME! 7:00PM – 8:00PM**

This meeting will be held at The Summit Building, Room 219, 4101 Lake Boone Trail, Raleigh

Description: If you're one of the millions of women who have trouble concentrating, suffer from fatigue, experience muscle aches or headaches, or have trouble sleeping, it's time to start treating the cause and not the symptom! This presentation will discuss the causes of WOWS, how you can identify the symptoms, and what you can do to begin counteracting its effects.

Topic: **MIDDAY HEALTH SERIES: Lose Weight Quickly & Safely**
Date: Thursday, June 28 – **12:15PM – 1:00PM**
Description: Learn how to follow a program that results in fat loss without hunger or muscle loss, that is clinically proven, includes portion-controlled meals, provides support and counseling, offers variety, and is recommended by over 15,000 medical providers.