

**The Carolina Center for Integrative Medicine
2008 Health Series Calendar – April-June 2008**

Advanced registration is required in case of cancellation. RSVP to register@carolinacenter.com or call the Carolina Center at (919) 571-4391 or (800) 473-9812. All presentations are free and open to the public.

APRIL 2008

Topic: An Integrative Approach to Treating Chronic Digestive Disturbances
Date: Tuesday, April 1 – 7:00PM – 8:00PM
Location: Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: Chronic Digestive Disturbances include everything from indigestion and heartburn to gall bladder dysfunction and irritable bowel syndrome. Through a methodical approach, it is often possible to identify the culprits responsible for these symptoms and develop a treatment regimen that addresses all the components of the problem, not just treat the symptoms.

Topic: Autism Spectrum Disorder: Treating Pervasive Developmental Disorders
Sponsor: Triangle Compounding Pharmacy
Date: Tuesday, April 8 – 7:00PM – 8:00PM
Location: Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: It increases verbalization, promotes calmness and feeling of well being, increases oxygen to areas of the brain that are ischemic, improves sleep patterns disturbed by oxygen deficiency, and promotes new blood vessel growth into areas of poor blood flow in the brain. Join us as we examine how Hyperbaric Oxygen Therapy and other DAN (Defeat Autism Now) Protocol modalities are being used to help children diagnosed with Autism Spectrum Disorder.

Topic: Chelation Therapy for Heart Disease
Date: Tuesday, April 22 – 7:00PM - 8:00PM
Location: Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: Chelating drugs that bind to heavy metals have been shown to also remove calcium plaque from artery walls, reverse atherosclerosis, and effectively treat heart disease for many individuals. Learn about the use of this historically significant therapy and the government-sponsored clinical trials currently underway to prove its benefits.

Topic: Thermal Imaging. Saving Breasts. Saving Lives.
Date: Tuesday, April 29 – 7:00PM – 8:00PM
Location: Carolina Thermascan, LLC, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: Learn the factors influencing breast cancer development, progesterone's role in breast health, and the types of breast imaging tools available for the early detection of breast cancer, including thermography.

MAY 2008

Topic: Examining the Dangers of Mercury Toxicity
Date: Tuesday, May 6 – 7:00PM – 8:00PM
Location: Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: This presentation will focus on one of the most common and serious toxins in our environment, tying in the issues of exposure from various sources including dental amalgam fillings.

Topic: An Introduction to Integrative Medicine
Date: Thursday, May 15 – 7:00PM – 8:00PM
Location: Healthwise Pharmacy, 615-B South Memorial Drive, Greenville
Description: As its name suggests, Integrative Medicine seeks to integrate or complement alternative and nutritional therapies with those considered more conventional. Join us as we explain the philosophy of integrative medicine and its clinical approach, as well as the new approaches to wellness in women's and men's health.

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MAY 2008

Topic: Andropause – Understanding the Effects of Aging on Hormones and Health in Men
Sponsor: Triangle Compounding Pharmacy
Date: Tuesday, May 20 – 7:00PM – 8:00PM
Location: Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: As our population of aging adults has been steadily increasing, there has been a gradual shift in how we view healthcare. Beyond simply treating illness, there is now a stronger desire to maintain youthful energy and vigor than ever before with greater interest in “Age Management” through therapies both internal and external. Through the use of an Integrative Medical program, many symptoms related to hormone deficiencies can be reversed—with men experiencing optimal health and vitality well into advanced age.

JUNE 2008

Topic: Chronic Fatigue Syndrome: Understanding the Big Picture
Date: Tuesday, June 3 – 7:00PM – 8:00PM
Location: Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: Chronic Fatigue Syndrome, Fibromyalgia, and Multiple Chemical Sensitivity are chronic degenerative illnesses that are interconnected. If you have a hard time focusing, have trouble sleeping, experience muscle pain or aches, have tender lymph nodes, and have headaches or a sore throat, it's important for you to see the “Big Picture” — that many, if not all, chronic degenerative illnesses have common metabolic and biochemical threads that connect them. Join us as we discuss the symptoms and causes of Chronic Fatigue Syndrome, the damage caused by free radicals, and the important role of anti-oxidants.

Topic: Nutritional Supplements: Steps to Improving Your Health Naturally and Effectively
Date: Tuesday, June 17 – 7:00PM – 8:00PM
Location: Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: In today's world, consumers are bombarded with the lure of “designer” drugs. With so many choices readily available on every health food or grocery shelf, it's hard to choose which supplement is the right and effective one for you. Learn the benefits of nutritional supplements and things you need to take into consideration before making your next supplement purchase.

Topic: Treating Lyme Disease: Two Standards of Care
Date: Tuesday, June 24 – 7:00PM – 8:00PM
Location: Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh
Description: Join us as we discuss how Hyperbaric Oxygen Therapy can effectively treat chronic Lyme disease and how extending hyperbaric treatments may relieve symptoms permanently.