

**The Carolina Center for Integrative Medicine  
2008 Health Series Calendar – July-September 2008**

Advanced registration is required in case of cancellation. RSVP to register@carolinacenter.com or call the Carolina Center at (919) 571-4391 or (800) 473-9812. All presentations are free and open to the public.

**JULY 2008**

**Topic:** Understanding the Benefits of Detoxification & Colon Therapy  
**Date:** Tuesday, July 1 – 7:00PM – 8:00PM  
**Location:** Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh  
**Description:** During this presentation, you will discover methods to increase the functioning of our organs that will reduce the body burden of toxins, as well as improve cellular efficiency.

**Topic:** Autism Spectrum Disorder: Treating Pervasive Developmental Disorders  
**Sponsor:** Triangle Compounding Pharmacy  
**Date:** Tuesday, July 15 – 7:00PM – 8:00PM  
**Location:** Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh  
**Description:** It increases verbalization, promotes calmness and feeling of well being, increases oxygen to areas of the brain that are ischemic, improves sleep patterns disturbed by oxygen deficiency, and promotes new blood vessel growth into areas of poor blood flow in the brain. Join us as we examine how Hyperbaric Oxygen Therapy and other DAN (Defeat Autism Now) Protocol modalities are being used to help children diagnosed with Autism Spectrum Disorder.

**Topic:** An Integrative Approach to Treating Chronic Digestive Disturbances  
**Date:** Tuesday, July 22 – 7:00PM – 8:00PM  
**Location:** Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh  
**Description:** Chronic Digestive Disturbances include everything from indigestion and heartburn to gall bladder dysfunction and irritable bowel syndrome. Through a methodical approach, it is often possible to identify the culprits responsible for these symptoms and develop a treatment regimen that addresses all the components of the problem, not just treat the symptoms.

**Topic:** Chelation Therapy for Heart Disease  
**Date:** Tuesday, July 29 – 7:00PM - 8:00PM  
**Location:** Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh  
**Description:** Chelating drugs that bind to heavy metals have been shown to also remove calcium plaque from artery walls, reverse atherosclerosis, and effectively treat heart disease for many individuals. Learn about the use of this historically significant therapy and the government-sponsored clinical trials currently underway to prove its benefits.

**AUGUST 2008**

**Topic:** Thermal Imaging. Saving Breasts. Saving Lives.  
**Date:** Tuesday, August 12 – 7:00PM – 8:00PM  
**Location:** Carolina Thermascan, LLC, 4505 Fair Meadow Lane, Suite 111, Raleigh  
**Description:** Learn the factors influencing breast cancer development, progesterone's role in breast health, and the types of breast imaging tools available for the early detection of breast cancer, including thermography.

**Topic:** Examining the Dangers of Mercury Toxicity  
**Date:** Tuesday, August 19 – 7:00PM – 8:00PM  
**Location:** Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh  
**Description:** This presentation will focus on one of the most common and serious toxins in our environment, tying in the issues of exposure from various sources including dental amalgam fillings.

**Topic:** Women's Health – An Integrative Medical Perspective  
**Sponsor:** Triangle Compounding Pharmacy  
**Date:** Tuesday, August 26 – 7:00PM – 8:00PM  
**Location:** Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh  
**Description:** Women face an ever-increasing variety of health challenges as responsibilities and stress increase in everyone's lives. An Integrative Health Program for women takes into consideration these stressors and seeks to explore how these may impact cellular and organ function throughout the body.

Join us as we discuss a treatment approach that involves addressing digestive system disorders, cellular nutrient deficiencies, and most importantly, hormone deficiencies, which for some women can have profoundly positive effects when levels are safely restored.

## **SEPTEMBER 2008**

**Topic:** **Andropause – Understanding the Effects of Aging on Hormones and Health in Men**

**Sponsor:** **Triangle Compounding Pharmacy**

**Date:** **Tuesday, September 9 – 7:00PM – 8:00PM**

**Location:** **Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh**

**Description:** As our population of aging adults has been steadily increasing, there has been a gradual shift in how we view healthcare. Beyond simply treating illness, there is now a stronger desire to maintain youthful energy and vigor than ever before with greater interest in “Age Management” through therapies both internal and external. Through the use of an Integrative Medical program, many symptoms related to hormone deficiencies can be reversed—with men experiencing optimal health and vitality well into advanced age.

**Topic:** **Chronic Fatigue Syndrome: Understanding the Big Picture**

**Date:** **Tuesday, September 16 – 7:00PM – 8:00PM**

**Location:** **Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh**

**Description:** Chronic Fatigue Syndrome, Fibromyalgia, and Multiple Chemical Sensitivity are chronic degenerative illnesses that are interconnected. If you have a hard time focusing, have trouble sleeping, experience muscle pain or aches, have tender lymph nodes, and have headaches or a sore throat, it’s important for you to see the “Big Picture” — that many, if not all, chronic degenerative illnesses have common metabolic and biochemical threads that connect them. Join us as we discuss the symptoms and causes of Chronic Fatigue Syndrome, the damage caused by free radicals, and the important role of anti-oxidants.

**Topic:** **Nutritional Supplements: Steps to Improving Your Health Naturally and Effectively**

**Date:** **Tuesday, September 23 – 7:00PM – 8:00PM**

**Location:** **Carolina Center for Integrative Medicine, 4505 Fair Meadow Lane, Suite 111, Raleigh**

**Description:** In today’s world, consumers are bombarded with the lure of “designer” drugs. With so many choices readily available on every health food or grocery shelf, it’s hard to choose which supplement is the right and effective one for you. Learn the benefits of nutritional supplements and things you need to take into consideration before making your next supplement purchase.