



Well Being

A newsletter sent to you from your friends at the Carolina Center for Integrative Medicine

IV Room Open Every Saturday!



To accommodate busy schedules, we are now offering Saturday IV appointments. Call (919) 571-4391 to make your appointment.

Quick Links

- [Presentations](#)
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- [More On Us](#)

\$50 Off Thermascans



There's still time to take advantage of our **\$50 OFF FIRST TIME** Thermascans. \$194 scans are now only \$144, but **ONLY** until the end of February. Call (919) 781-6999 for more information.

Join Our List

[Join Our Mailing List!](#)

February/2009

Welcome to *Well Being* -- now online! We hope you enjoy this "greener" version of our newsletter as we continue to keep you up to date on current medical issues and practice happenings while being mindful of our environment.



If you find this information useful, we hope that you'll pass it along to a friend or family member! Simply click on the Forward Email link at the bottom of this newsletter and type in the email of your intended recipient. And, as always, we'd love to hear from you! Simply send us an [email](#) with your comments or suggestions.

Thank you for continuing to tell your friends and family about the Carolina Center for Integrative Medicine. We appreciate your trust and support and look forward to continuing to provide you with the quality of life you desire and deserve.

Dr. John Pittman

Free Integrative Weight Mgt Support Group

Location: The Carolina Center, 4505 Fair Meadow Lane, Suite 111, Raleigh



Dates/Time: Meetings begin February 7, 2009 and meet every other Saturday from 10:00AM - 11:30AM

Cost: Free and open to the public

RSVP: [Timberel Burke](#) - (919) 557-6267 or [Carolina Center](#) - (919) 571-4391. Registration is encouraged due to limited seating.

The Carolina Center proudly announces our free Integrative Weight Management Support Group meetings featuring Certified Health Advisor & Weight Loss Coach, **Timberel Burke**, and Author & Nutritionist, **Mark Mead**. Timberel and Mark will guide you through **CLINICALLY-PROVEN WEIGHT LOSS PROGRAM** options available and life-long weight management skills. In addition, you will learn about **HEALTH ISSUES** that inhibit weight loss. You will be provided key information for weight loss, weight management, and enhanced health. As extra incentive, we are offering **special pricing** for B-12 injections and Nutrient Assessment appointments, available **ONLY** to Integrative Weight Management Group members! Call today to reserve your seat!

Well Being Open Survey

Health Care Providers

Do you have a favorite health care provider? Are they open to integrative medicine? Are they supportive of the treatment they are doing? If so, we'd like to hear from you!



Often, there are physicians who would like to refer patients to integrative medicine physicians, but they don't know where to look. Help us spread the word about integrative medicine and the difference that the Carolina Center is making in lives...like yours! [Email us](#) with your favorite health care practitioner today!

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