



Well Being

A newsletter sent to you from your friends at the Carolina Center for Integrative Medicine

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Join us for our Thermal Imaging presentation on May 12 from 7-8PM and receive a \$50 coupon good for your first-time screening! [Register today!](#)

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Side Notes...



Dr. Pittman will be performing in

two piano concerts in May:

* Wednesday, May 20 at 7:30pm in the Main Auditorium at Carol Woods Retirement Community, 750 Weaver Dairy Road, Chapel Hill

* Friday, May 22 at 7:30PM at Bosenforfer Hall at Ruggero Piano, 4720 Hargrove Road, Suite 120, Raleigh

Concerts are free and RSVPs are not required.

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May/2009

** A LETTER FROM DR. JOHN PITTMAN**

Dear Friends and Patients,

Many of you have already responded to calls to action to protect your treatments from the NC Medical Board's increased harassment of Integrative Medicine physicians. Two bills have been introduced on our behalf. Legislators are likely to adopt the legislation needed to curtail the harassment, but ONLY if they hear from patients. Please add your voice to others!



The process of the General Assembly moves quickly, so I am asking you to do one of the following so that we can get you information promptly to make your voice heard in the most effective way:

1. Sign our email list in the office.
2. Sign up on the [CHCA website](#) (donations are also appreciated).
3. Contact our state senators and ask them to support SB958 (contact [Janis Ramquist](#), Executive Director of the NC Integrative Medical Society for the senator contact sheet and materials you'll need).
4. Contact all the legislators from your county/district to request that they support this legislation.

Thank you for your support in helping all of North Carolina's citizens the right of health care choice.

Sincerely,

John C. Pittman, MD
Founder, Carolina Center for Intergrative Medicine
President, North Carolina Integrative Medical Society

New Location - Fayetteville

Starting on June 22nd (for one Monday per month), the Carolina Center will be seeing patients in Fayetteville at 346 Wagoner Drive, Suite 206. Although Dr. Pittman will be accepting new and established patients at this location, the main purpose will be to see children with autism.

Dr. Pittman will be partnering with [Autism Answers](#), a non-profit organization providing effective treatment options to help people recover from Autism Spectrum Disorders.



The Carolina Center's approach to autism addresses the problems that are common to virtually all autistic children, including liver dysfunction, toxic overload, nutritional deficiencies, and intestinal imbalances such as yeast infection. Many cases of autism can be greatly improved by addressing these conditions, and some cases can be reversed as long as they are caught early enough. Much of our approach is adapted from the Defeat Autism Now! program. In To help decide which supplements and which parts of the Defeat Autism Now! program to emphasize, we recommend individualized, in-depth clinical and laboratory testing.

Defeat Autism Now! 2009 Spring Conference

Defeat Autism Now! is dedicated to the exploration, evaluation, and dissemination of scientifically-documented, biomedical interventions for individuals within the autism spectrum through the collaborative efforts of clinicians, researchers, and parents. Dr. Pittman recently attended the organization's spring conference held April 17-19 in Atlanta, GA. The Carolina Center is the Triangle's **leader** in the biological treatment of autism and is the **only medical practice** trained to provide the Defeat Autism Now! protocol.



The Autism
Research
Institute